CONNECTIONS Magazine is the official publication of PC Electric
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2022 ESSAY SCHOLARSHIP WINNERS

If you see your account number published inside this issue, call PC Electric by August 31, 2022 to receive a $25 credit on your bill. Your account number can be found on your bill statement.

Good Luck!
Change your air filter often. Clogged, dirty filters reduce the amount of airflow and the HVAC system's efficiency. When a filter becomes too clogged, the excess dirt and dust are sent through your air ducts, adding unnecessary allergens and other unwanted particles into your living space. During the cooling season (summer months), the Department of Energy recommends replacing your air filter every month or two. This is one of the easiest ways to promote better indoor air quality and energy efficiency.

Regularly vacuum carpet and rugs—especially if you have furry friends. The cleaner the home, the healthier the home. Vacuuming carpet and area rugs once a week can greatly reduce the accumulation of pet dander and dust inside your home. Frequently (2322300) clean other areas that collect dust, like drapes, bedding and cluttered areas.

Use vents to remove cooking fumes. Those exhaust fans aren’t just for when you burn the bacon. Fans help remove fumes emitted while cooking and eliminate unwanted moisture and odors. They may be a bit noisy, but these handy tools can help you improve indoor air quality while you’re preparing that culinary masterpiece (or even a grilled cheese sandwich!).

Get a handle on humidity. Summer months typically bring more humidity than we’d like, especially if you live in a high-humidity climate zone. Moisture in the air can carry bacteria and other unwanted particles that you eventually breathe in. Dehumidifiers work to remove that moisture from the air, reducing the amount of bacteria, mold and other allergens in your home.

Incorporate air-purifying plants into your living space. There are several varieties of indoor plants that can help detoxify your home from dust and germs found in a variety of home products, furniture and other materials. A few low-maintenance, air-purifying plants to consider are snake plants, aloe vera plants and pothos plants (also known as Devil’s Ivy). These vibrant, lush plants are eye-catching and beneficial for any home. Remember to review care conditions and think about placement for any new plants you add to your home.

- Here are five tips to help you breathe a little easier -

1. Did you know the average person spends 90% of their life indoors?

   Additionally, our homes are becoming more energy efficient - they’re better insulated and sealed with less ventilation - which is great for our energy but not so much for our indoor air quality.

   The thought of breathing in pollutants can be scary, but the truth is, indoor air pollution is common (1973102) and simply unavoidable. The good news is there are ways you can easily improve the air quality of your home.

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   Taking simple steps to purify indoor air can improve health and overall quality of life. With a little effort, you can improve the indoor air quality of your home and breathe a bit easier.

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Vegetation management improves reliability

An essential part of providing safe, reliable service at a reasonable cost is the establishment and maintenance of a clear power line corridor. Trees contacting power lines is a primary cause of power outages. When tree limbs grow too close to power lines they can cause damage or interrupt your service.

“Vegetation management is one of the hardest things utilities do,” says PC Electric Manager Myron Lambert. “It is also very important. From tree trimming to brush clearing, PC Electric (260000) is committed to the safety and reliability of the entire system. Hence the commitment of the Board of Directors and Management to vegetation management each and every budget cycle.”

A utilities vegetation management program should have effective and efficient right-of-way maintenance practices based on proper tree pruning and brush control techniques. That is why PC Electric has licensed utility arborists and commercial pesticide applicators on staff. The cooperative also utilizes contract workers, specifically SolScapes, to maintain vegetation growth that could interfere with our system. We strive to manage vegetative growth in and around rights of way while balancing the benefits of cost, public concerns for health and safety, environmental impacts, and regulatory compliance.

We recognize trees are an important part of our landscape and a vital component (585402) of sustainable communities. Unfortunately, trees growing in and around electric utility infrastructure have the potential to threaten public safety and the reliability of your electric service.

Vegetation management is utilized in many different ways depending on the needs of the project.

Removing hazardous trees. Unhealthy or dead trees pose serious issues to safety on construction, utilities, or building sites. If not removed correctly, falling trees can cause damage to equipment, power lines, and personnel.

Pruning tree branches. Pruning is often needed for healthy trees in the area. Pruning services can help prevent damage to equipment, as well. Directional pruning helps keep power lines and trees safe by preserving the structural integrity of the tree. Tree branch pruning protects forests by preventing tree rot and decay.

Performing weed control. Right-of-way services often use herbicide to prevent the growth and surplus of vegetation and weeds. This keeps tall vegetation in check while providing a cost-effective way to manage unwanted weed growth.

PC Electric is committed (1228714) to finding the most productive, cost-effective method and system for keeping a clear right of way which provides better reliability to our members.
PC Electric congratulates the following winners of the 2022 continuing education scholarship. The winners of this scholarship are usually announced at our Annual Membership Meeting. However, due to the cancelation of the meeting because of a severe weather event, the (1698300) winners were announced during a Facebook live broadcast on March 28, 2022. A $1,000.00 scholarship is awarded each year to a graduating senior from each of the three parishes that PC Electric serves.

The board of directors, management and staff of PC Electric extend congratulations to each of these very deserving students.

JENNA LACOUR
CATHOLIC OF POINTE COUPEE

ALI LANGLOIS
STEM MAGNET ACADEMY

MA’KAYLA THOMAS
PORT ALLEN HIGH SCHOOL

Caramel Apple Pie BREAD PUDDING

Ingredients:
8 cups bread, cubed
3 medium apples, peeled, cored and chopped
4 eggs
1 cup vanilla yogurt
1 cup milk
2 tsp cinnamon, divided
½ tsp nutmeg
½ c sugar + 2 Tbsp
½ cup raisins

Sauce:
1 cup Unsalted Butter
1 cup Heavy Cream
1 cup Brown Sugar

Instructions:
Preheat oven to 350°.
Spray a 9×13 baking dish with cooking spray.
In a large bowl, whisk together the yogurt, milk, eggs, 1 tsp cinnamon, nutmeg, and ½ cup sugar.
Stir in the apples, raisins, then gently fold in the bread cubes.

Pour into the prepared pan.
In a small bowl, stir together 2 tbsp sugar and 1 tsp cinnamon. Sprinkle on top the bread pudding. Bake 30-40 minutes until puffed and golden brown.

While the bread pudding is baking, make the caramel sauce.
In a heavy saucepan over medium-low heat, stir together the butter, heavy cream, and brown sugar; bring to a boil.
Reduce heat to low, simmer until the sauce thickens, for about 5 minutes. Pour over bread pudding to serve. Top with vanilla ice cream.

* If you can, leave bread cubes out for a few hours so they get nice and dry. If not, just place them on a baking sheet and bake them at 350 for 10-15 minutes or until they’re dry but not toasted.

This 4th of July, skip the traditional apple pie and try this delicious dessert. You can make this the night before and pop it in the oven before your July 4th celebration – it actually gets better if it sits overnight!
Preventing for extended outages using medical equipment

If you or someone you care for uses medical equipment that requires electricity, get prepared now to know what to do in the event of an extended power outage. During a storm, PC Electric must follow strict guidelines as to when we can dispatch crews to safely restore power to our members.

Some outages, however, can create situations that require an extended time to resolve. These kinds of outages can be especially worrisome for members with special medical needs. If you use life-sustaining medical equipment that depends on electricity for operation, such as oxygen generators, kidney dialysis machines, or respirators, it's important to put together a plan for a power outage before it happens.

Consider obtaining a power back-up, such as a battery or generator, in the case of an extended outage. If you are unable to purchase a battery or generator for your device, make a plan to evacuate to an alternate location such as a friend or family member’s home that may have electricity or a back-up power source.

ENERGY EFFICIENCY TIP!

Wash full loads to conserve energy.